

Saturday, August 18, 2018 8:00 am

(registration begins at 7:00am)

Advance Registration: (Postmarked by August 12th) - \$15

Late Registration: (Postmarked after August 12th) - \$20 Team

Registration: 5 or more runners from an organization \$12 per runner

(registrations must be bundled together and postmarked by August 12th) Race Day fee \$17

Checks should be made payable to Littlestown Boys Basketball

Booster and mailed/delivered to Littlestown YMCA, 95 guarantee

Littlestown, PA 17340 (mark "5K Run" in the memo line)

T-Shirt

Awards and Course Records: Age Group Male/#Trophies Female/#Trophies			Overall Age Group	Male: 18:02 Tim Shoul Male/#Trophies	Female: 19:17 Jessica Paholsky Female/#Trophies						
						13&Under	22:02 (3)	29:06 (3)	35 - 39	22:33 (3)	23:13 (3)
							Emerson Sites-Byers	Marrin Crist		Mike Greene	Kelly Renner
14 - 19	18:02 (3)	23:22 (3)	40 - 44	21:11 (3)	25:31 (3)						
	Tim Shoul	Janelle Kress		Chris Grelli	Tara Topper						
20 - 24	19:31 (3)	19:17 (3)	45 - 49	19:27 (3)	23:58 (3)						
	Derek Breighner	Jessica Paholsky		Bob Breighner	Ginger Miller						
25 - 29	22:30 (3)	24:43 (3)	50 - 59	20:28 (3)	24:35 (3)						
	Wayne Diehl	Nicole Groge		Doug Crist	Judy Roche						
30 - 34	20:59 (3)	23:31 (3)	60 - 69	21:52 (3)	35:10 (3)						
	Jared Gorczynski	Lisa Kuhns		Neal Riemenscheider	Carol Goodpaster						

Littlestown Good Ole Days 5K Run/Walk Registration Form

Last Name:	First Name:		
Address:	City/State/Zip:		
Email:	Phone:		
Sex: M F	Race Day Age: Date of Birth:/		
Shirt Sizo, S M I	YI Team Organization (if applicable)		

Please don't forget to sign waiver on back of form



Course Map



<u>Sponsors</u>: Randy's Electrical Service, Shore's Auto Service & Sales Inc., Rotary, L & T Electric Inc, Little's Funeral Home, Hull's, Restoration And Collision Experts, Big Dipper, Vista Machines, Edward Jones, PIVOT Physical Therapy, Adimack Ins, VDJ Wesley "D", 194 Imports

In consideration of being permitted to participate in the Good Ole Days 5K 2017, I hereby for my heirs, my personal representatives and myself assume any and all risks that might be associated with the event. I further waive, release, discharge and covenant not to sue YMCA, Littlestown Historical Society, Littlestown Bolt Boosters, their officers, employees, organizers, volunteers or other representatives or successors and assigns, for any and all injuries or damages of any kind whatsoever suffered as a result of taking part in the event and any related activities. I also agree to the use of any photo, film or videotape of the event that may include my likeness for any purpose.

Participant's Signature:	